

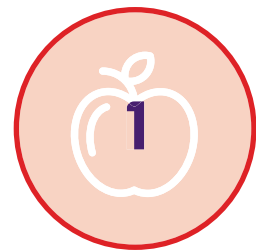


I, _____ WILL UPRISE!

**UPRISE AGAINST THE OUTSIDE FORCES PUSHING ME AWAY FROM MY FAITH.
UPRISE FOR A BETTER, MORE LOVING WORLD BY MAKING A CATHOLIC GENEROSITY COMMITMENT.**

Jesus tells us there are 14 Works of Mercy — selfless acts of love and care. These are the focus of Uprise — a commitment to achieve all 14 acts, in your own time, however you want to do it. It’s a commitment to donate your time, talent, and network of friends and family, to help others in need.

CORPORAL



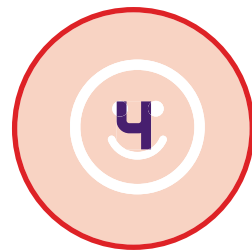
YOU GOTTA EAT, RIGHT?
Feed the Hungry



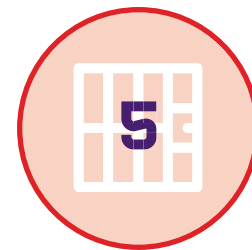
RAISE YOUR GLASS
Give drink to the Thirsty



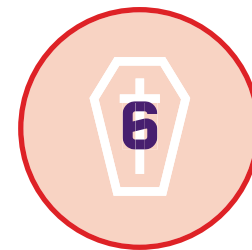
STREET WISE AND PROUD OF IT
Shelter the Homeless



SMILE AND WAVE
Visit the Sick



GO DIRECTLY TO JAIL AND DO NOT PASS GO
Visit the Imprisoned

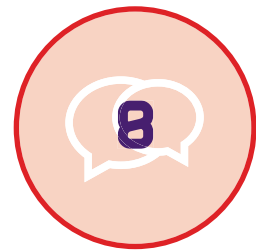


GET YOUR GRIEVE ON
Bury the Dead



DON'T LOOK DOWN!
Give Alms to the Poor

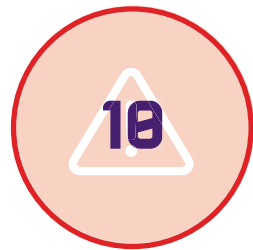
SPIRITUAL



FREE ADVICE
Counsel the Doubtful



ON A MISSION
Instruct the Ignorant



DO THE RIGHT THING
Admonish the Sinner



FIX THAT SAD FACE
Comfort the Sorrowful



STAY CALM
Forgive Injuries



BRING IT ON
Bear Wrongs Patiently



SEND A PRAYER TO THE MAN UPSTAIRS
Pray for the Living & Dead